

# WALK FIT

\$10  
MONTH

(830) 606-9507

[newbraunfit.org](http://newbraunfit.org)

801 W. San Antonio, New Braunfels, TX 78130



TUE / THUR

9am-9:50am

FULL GYM



MCKENNA

NEW BRAUNFIT GYM

THE BEST GAME IN TOWN

Walk around the walking track to upbeat music!

Walkers use hand weights to target the upper body.



Stroller pushing parents are lead through exercises while engaging with their babies.  
*(Babies in strollers only)*

