

# MOBILITY FIT

\$10  
MONTH



(830) 606-9507  
newbraunfit.org  
801 W. San Antonio, New Braunfels, TX 78130

THURSDAY

8am-8:50am

COURT 2

**INCREASE FLEXIBILITY &  
TOTAL BODY MOVEMENT  
POTENTIAL THROUGH THE  
USE OF STRETCH BANDS,  
FOAM ROLLER AND MORE.**



**MCKENNA**  
NEW BRAUNFIT GYM  
THE BEST GAME IN TOWN

