## CRCUIT FIT

\$10

**MONTH** 

(830) 606-9507 newbraunfit.org 801 W. San Antonio, New Braunfels. TX 78130



MON / WED / FRI

8am-8:50am



## **FULL GYM**

Circuit Fit is a class featuring flexibility, strengthening, & muscle conditioning.
Light equipment is used for this workout.

